

## Background

Ordnance Survey help governments make smarter decisions that ensure our safety and security and show businesses how to gain a location data edge. They wanted to provide their people with development targeted on overall wellbeing.

## Outcomes of Development

Development needed to help people to:

- Feel stronger and more equipped to embrace change and deal with uncertainty.
- Know how to better manage stress.
- Consciously apply their learning to build confidence and positivity.

## Delivery Method

The programme was delivered over a three month period and virtual learning focused on the following areas:

- Resilience Power Hour (60 minutes)
- Mindset Management (90 minutes)
- Developing a Growth Mindset (90 minutes)
- Managing Change (90 minutes)
- Wellbeing and YOU (90 minutes)

Bespoke programme launch and wrap-up refresher videos were also produced.

## Results

Each session had an average of 12 participants:

- How well did the learning meet the objectives? 4.25 / 5
- How relevant was the content of the learning for you? 4.36 / 5
- How well did the facilitator communicate with you to deliver the learning over the virtual platform? 4.65 / 5
- How helpful were the activities and exercises in meeting your learning needs? 4.30 / 5
- How would you rate the effectiveness of the materials provided before, during and after the learning? 4.23 / 5
- Overall, how would you rate the learning? 4.39 / 5

## What People Said

- The Growth Mindset session was the most important for me. Without a growth mindset it's difficult to believe that you can change your thinking or develop at all.
- Chris was excellent and really engaging - I was surprised!
- I thought the session was great! I really enjoyed it, it made the rest of my day feel good. I learnt a lot about positivity.
- Chris's approach is very positive and open. It's always nice to hear people talk, not just about project deliverables, but also about their thoughts and life!
- I've learned so many helpful tips and ways to cope. I love Chris's enthusiasm and the obvious amount of work that goes into the course. I just loved every session.