



Case Study



Background

HSDC is a leading Further and Higher Education College providing learning across three campuses in Hampshire. CM Learning was asked to facilitate a session as part of their first virtual staff development day, on building resilience whilst also providing a space for team bonding.

Outcomes of Development

Development needed to:

- Be interactive and immersive, encouraging teams and their managers to engage.
- Offer support on resiliency techniques that can continue within teamwork following the event.
- Provide an opportunity to gather feedback on personal / team struggles, strengths and positive stories.

Delivery Method

1-hour virtual sessions were facilitated, in addition to:

- Pre-work provided beforehand
- A full PDF learning pack to consolidate and continue learning

Results

Five sessions were facilitated during one day for a total of 405 people (average group size: 81 people):

- How well did the learning meet the objectives? **3.68 / 5**
- How relevant was the content of the learning for you? **3.58 / 5**
- How well did the facilitator communicate with you to deliver the learning over the virtual platform? **4.27 / 5**
- How helpful were the activities and exercises in meeting your learning needs? **3.62 / 5**
- How would you rate the effectiveness of the materials provided before, during and after the learning? **3.90 / 5**
- Overall, how would you rate the learning? **3.75 / 5**

What People Said

- Great, welcoming facilitators and various ways to communicate throughout the session. Very interactive!
- Loved the learning style.
- I really like how there was no pressure. No one was being picked on to share. This stopped me feeling uncomfortable.
- Chris and David made the session really fun, engaging and interactive and easy to understand. The time flew! Would love to have another session (or regular sessions from them!).
- I really liked the interactivity and energy. Friendly, professional and authentic.

